

**SAFETY TALK**

# The Great California ShakeOut

## *Are You Ready to Drop, Cover, and Hold On?*

Earthquakes are one of the most common and unpredictable natural hazards in California. They can strike at anytime, anywhere, and cause significant damage and disruption. That's why it's important to be prepared and know what to do before, during, and after an earthquake.

The Great California ShakeOut is an annual statewide earthquake drill that aims to educate and motivate Californians to practice earthquake safety and prepare for potential disasters. The drill is based on a scenario of a major earthquake on the San Andreas Fault, which could produce shaking for hundreds of miles and affect millions of people.

This year, the Great California ShakeOut will take place on **October 19, 2023**, at **10:19 a.m.** (local time). Millions of people across the state will participate in the drill by following these simple steps:

- **Drop** down to your knees. This way, the earthquake cannot knock you over.
- **Cover** your head and neck with your arms or an object to protect you from debris or furniture falling during the earthquake. If possible, crawl under a sturdy table or desk for more protection.
- **Hold on** to your shelter or your head and neck until the shaking stops. Be prepared to move with your shelter if it shifts.

These actions can reduce the risk of injury and save lives during an earthquake. They are recommended by experts and endorsed by federal, state, and local emergency management agencies.

The Great California ShakeOut is open to everyone who lives, works, or visits California. You can register as an individual, a family, a school, a business, a government agency, a community group, or any other organization. By registering, you will receive updates and resources to help you plan and conduct your drill. You will also be counted as part of the largest earthquake drill in U.S. history.

To register and learn more about the Great California ShakeOut 2023, please visit [the official website](#). You can also find information on regional earthquake scenarios, safety tips, preparedness resources, and more.

Don't miss this opportunity to join millions of Californians in practicing how to protect yourself during an earthquake. Remember: when the ground shakes, drop, cover, and hold on!

## Get Ready to ShakeOut.

October 19, 2023

Register: [ShakeOut.org](https://ShakeOut.org)

 ShakeOut™